

Cydnee Alfrey, Administrative Assistant



Hi All!

I am Cydnee Alfrey - happy dog mom, baker, crafter, gardener, kid chaser, music lover, book reader, and professional snack eater. I am so excited to join the Brookwood Bears! I am moving back from beautiful Pinedale, Wyoming, to Sandy, Utah, where I was born and raised (former Hillcrest Husky!). I have a Bachelors in Nutrition Science, and a lengthy career working in various fields and offices. I am looking forward to getting to know everyone and building friendships.

Go Bears! See you all soon!

